

Hello, my name is Julie Griffin! I am the new Graduate Assistant Athletic Trainer at Portage Northern High School.

We have recently switched to using an online-based, electronic medical record system. With that being said, I need the help of all of you to make sure this transition can run smoothly. I ask you to please take the time to register your son and/or daughter into the system with the most accurate information possible.

Here are the directions to register your son and/or daughter into the new system:

1. Visit [www.core-at.com](http://www.core-at.com)
2. Select Create Account
3. Select "Portage Northern High School" from the dropdown list
4. Fill out all fields with student athlete's information
5. Create patient username (PLEASE USE THIS FORMAT: first initial and full last name)
  - Ex. John Doe's username would be jdoe
  - If the username is already taken, add a number on the end
  - Ex. If jdoe is taken, use jdoe1
6. For ease of remembering passwords, please use PNHSathlete. **DO NOT WORRY**, you are unable to see any of my medical notes when logging in, so having the same password will not be a problem.
7. Fill out a reliable email address
8. All fields marked with an \* are required to be filled out
  - PLEASE take your time and fill everything out appropriately.
9. Fill out Guardian Information/Emergency Contact as best as possible (this will be the best way to get your information to contact you in an emergency!)
10. Fill out Primary Care Physician Information if it is available.
11. Hit submit

Thank you against for taking the time to help me make this huge transition!

If you have any questions or concerns, don't hesitate to contact me!

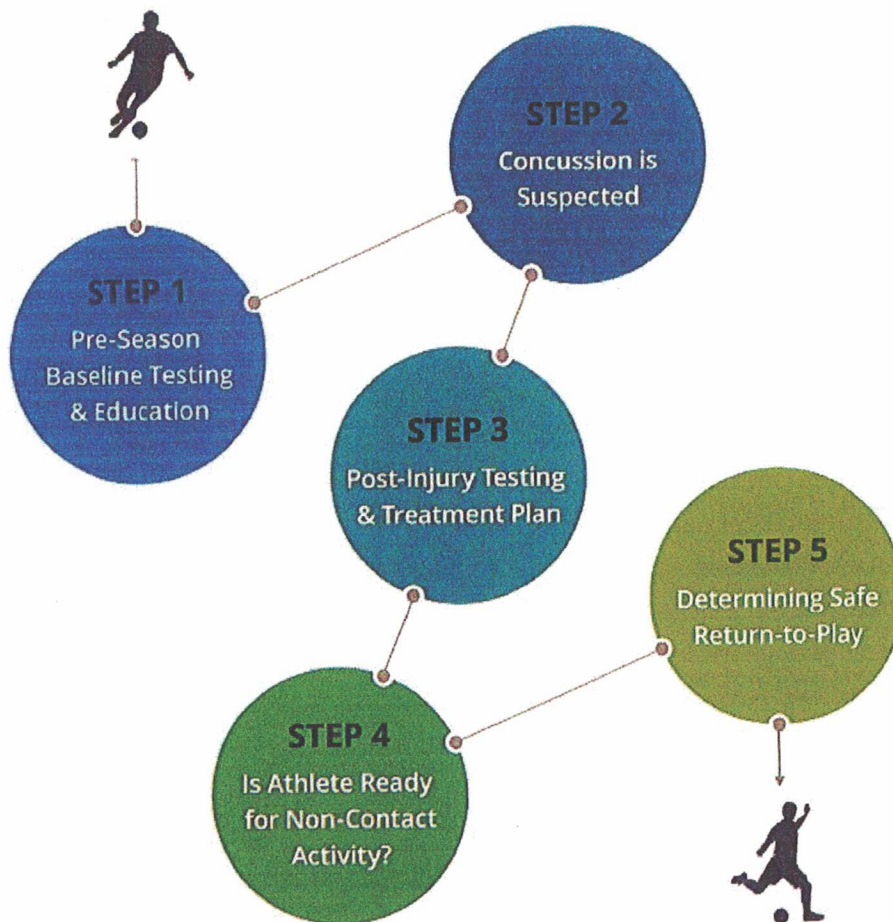
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# Concussion Management Model

The ImPACT Concussion Management Model for athletes, schools and teams is a five step protocol of best practice recommendations for how multidisciplinary teams can best use ImPACT. The ImPACT Concussion Management Model builds partnerships with healthcare professionals and athletic trainers to offer training and resources for affordable concussion management to benefit athletes and their parents – before, during and after a concussion is suspected or diagnosed.

ImPACT's ongoing commitment to research and the Concussion Management Model may assist in making safe return to play decisions, which helps to limit the likelihood of long-term injury. While ImPACT assists in making return-to-play decisions, it should never be used as a stand-alone tool or as a diagnostic instrument.

## The ImPACT Concussion Management Model



# The ImPACT Test



Trusted by sports teams, schools, corporations, hospitals, and clinics, ImPACT is the most widely used computerized neurocognitive test to help evaluate and manage concussions.

**Since 2006, over 7.5 million individuals around the world have taken the ImPACT test.**

## The ImPACT Test Comes in Two Forms

1. **Baseline Test** – Administered by a physician, nurse, athletic trainer, athletic director, or coach before the start of a sport season, employment period, school year, or other activity. Baseline scores are collected and stored on our HIPAA compliant server. ImPACT recommends re-administering the baseline test every two years.
2. **Post-Injury Test** – Administered after a concussion is suspected. A licensed healthcare provider compares test results to baseline scores and/or normative data scores.

## Use ImPACT Pre- and Post-Diagnosis

ImPACT is not a diagnostic tool. Only a licensed healthcare professional can diagnose and treat a concussion. Instead, ImPACT can be used before and after a licensed healthcare provider has determined that a concussion has occurred:

- In addition to establishing neurocognitive performance baselines, healthcare providers use ImPACT test scores as an important component

of their assessment of an injury.

- Post-injury test scores may be used by a licensed provider to inform an effective concussion treatment course of action.
- ImPACT may be administered multiple times after a clinician has diagnosed a concussion—scores can be used to help measure rehabilitation and to consider whether to return an injured individual back to activity.

## Here's How ImPACT Works

- 25-minute online test for ages 12-59
- Delivered via a secure web portal
- Taken via a desktop computer (PC and Mac compatible) that has an internet connection and a mouse
- Administered in the presence of a physician, nurse, athletic trainer, athletic director, or coach (only a licensed healthcare provider can administer an ImPACT post-injury test)

## Information You Need and Data You Can Trust

When ImPACT is delivered in a controlled environment according to recommended specifications, it provides highly reliable neurocognitive data:

- Measures attention span, working memory, sustained and selective attention time, non-verbal problem solving, and reaction time
- Records current severity of 22 concussion symptoms via a 7-point Likert scale
- Detects and flags attempts to manipulate test scores
- Produces a comprehensive report of test results in a .pdf format

## Extensive Global Data Security

ImPACT is the only concussion management provider to have completed to be SSAE 16 SOC 2 Type 2 audits, which means that your patient data meets or exceeds all relevant global regulations and standards. Additionally:

- All personally identifiable information is encrypted at rest and in transit
- Test scores are collected, and repeat test scores are automatically stored, on HIPAA/PIPEDA/EU compliant servers
- Redundant backup is maintained across multiple secure and independent data centers
- Extensive intrusion detection software and other security measures