



January 2012



Always stay in touch with your coaches regarding any changes to this advance schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9 <u>Indoor Games / CrossFit AZO</u> 3:15-4:30p	10 <u>Optional Workout</u> 3:15-4:30p Doghouse	11 <u>CrossFit AZO</u> 3:15-4:30p	12 <u>Optional Workout</u> 3:15-4:30p TBA	13 <u>Drop-In Soccer</u> 3:30-4:30p Location TBA	14
15	16 <u>Indoor Games / CrossFit AZO</u> 3:15-4:30p	17 <u>Yoga</u> 3:15-4:30 Aud. Lobby	18 <u>CrossFit AZO</u> 3:15-4:30p	19 <u>Optional Workout</u> 3:15-4:30p Doghouse	20 <u>Drop-In Soccer</u> 3:30-4:30p Location TBA	21
22	23 <u>Indoor Games / CrossFit AZO</u> 3:15-4:30p	24 <u>Optional Workout</u> 3:15-4:30p Doghouse	25 <u>CrossFit AZO</u> 3:15-4:30p	26 <u>Optional Workout</u> 3:15-4:30p TBA	27 <u>Drop-In Soccer</u> 3:30-4:30p Location TBA	28
29	30 <u>Indoor Games / CrossFit AZO</u> 3:15-4:30p	31 <u>Yoga</u> 3:15-4:30 Aud. Lobby				



February 2012



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 <u>Indoor Games / CrossFit AZO</u> 3:15-4:30p	7 <u>Optional Workout</u> 3:15-4:30p Doghouse	8 <u>CrossFit AZO</u> 3:15-4:30p	9 <u>Optional Workout</u> 3:15-4:30p TBA	10 <u>Drop-In Soccer</u> 3:30-4:30p Location TBA	11
12	13 <u>Indoor Games / CrossFit AZO</u> 3:15-4:30p	14 <u>Yoga</u> 3:15-4:30 Aud. Lobby	15 <u>CrossFit AZO</u> 3:15-4:30p	16 <u>Optional Workout</u> 3:15-4:30p Doghouse	17 <u>Drop-In Soccer</u> 3:30-4:30p Location TBA	18
19	20 <u>Indoor Games / CrossFit AZO</u> 3:15-4:30p	21 <u>Optional Workout</u> 3:15-4:30p Doghouse	22 <u>CrossFit AZO</u> 3:15-4:30p	23 <u>Optional Workout</u> 3:15-4:30p TBA	24 <u>Drop-In Soccer</u> 3:30-4:30p Location TBA	25
26	27 <u>Indoor Games / CrossFit AZO</u> 3:15-4:30p	28 <u>Yoga</u> 3:15-4:30 Aud. Lobby	29 <u>CrossFit AZO</u> 3:15-4:30p			



March 2012



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <u>Optional Workout</u> 3:15-4:30p Doghouse	2 <u>Drop-In Soccer</u> 3:30-4:30p Location TBA	3
4	5 WMU CAMP Days / Times TBA	6	7	8	9	10
11	12 Tryouts @ Soccerzone 4:30-6p	13 Tryouts @ Soccerzone 4:30-6p	14 Tryouts @ Soccerzone 4:30-6p	15 Tryouts @ Soccerzone 4:30-6p	16 <u>Practice</u> JV & V @ TBD 4:30-6p	17 <u>Varsity Only</u> <u>@ EK</u> <u>Scrimmages</u>
18 OFF	19 <u>Practice 4:30-6</u> New Player / Parent MTG 6:30	20 <u>Practice</u> JV 3:30-5p V 4:30-6p	21 <u>Practice</u> JV 3:30-5p V 4:30-6p	22 <u>Practice</u> JV 3:30-5p V 4:30-6p	23 <u>Practice</u> JV 3:30-5p V 4:30-5:30p	24 <u>Varsity Only</u> <u>@ Plainwell vs</u> Dewitt & Unity
25 OFF	26 <u>Practice</u> JV 3:30-5p V 4:30-6p	27 <u>Practice</u> JV 3:30-5p V 4:30-6p	28 <u>Practice</u> JV 3:30-5p V 4:30-6p	29 OFF Spring Break	30	31



April 2012



Always stay in touch with your coaches regarding any changes to this advance schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <u>Spring Break</u> Follow the Workout Packet	2	3	4	5	6	7
8	9 <u>Practice</u> JV 3:30-5p V 4:30-6p	10 <u>Practice</u> JV 3:30-5p V 4:30-6p	11 <u>Practice</u> JV 3:30-5p V 4:30-6p	12 <u>Home v Parma</u> <u>Western</u> V 5 / 6:45p	13 <u>Practice</u> JV 3:30-5p V 4:30-5:30p	14 <u>3 for 1</u> V 9:30/12:30/3:30 JV 11a/ 2 p/ 5p
15 <u>Practice</u> JV OFF V TBA	16 <u>Home v EK</u> 5 / 6:45p	17 <u>Practice</u> JV 3:30-5p V 4:30-6p	18 <u>Home v</u> <u>Mattawan</u> 5 / 6:45p	19 <u>Practice</u> JV 3:30-5p V 4:30-6p	20 <u>@ FHC</u> Bus 2:45p 5 / 6:45p	21 OFF
22 <u>Practice</u> V 1-2:30p	23 <u>@ Lakeshore</u> Bus 3p 5 / 6:45p	24 <u>Practice</u> JV 3:30-5p V 4:30-6p	25 <u>Practice</u> JV TBA V OFF	26 <u>Practice</u> JV 3:30-5p V 4:30-6p	27 <u>@ BCL</u> Bus 3:30p 5 / 6:45p	28 OFF
29 <u>Practice</u> V 1-2:30p	30 <u>@ Niles</u> Bus 2p 4 / 5:45p					



May 2012



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <u>Practice</u> JV 3:30-5p V 4:30-6p	2 <u>Home v KC</u> 5 / 6:45	3 <u>Practice</u> JV 3:30-5p V 4:30-6p	4 TBA	5 OFF
6 <u>Practice</u> V 1-2:30p	7 <u>@ St Joe</u> Bus 3p 5 / 6:45	8 <u>Practice</u> JV 3:30-5p V 4:30-6p	9 <u>@ PC</u> Carpool TBA 5 / 6:45	10 <u>Practice</u> JV 3:30-5p V 4:30-6p	11 <u>Home v Plainwell</u> 5 / 6:45	12 OFF
13 <u>Practice</u> V 1-2:30p	14 <u>@ Gull Lake</u> Bis 3:30p Games 5 / 6:45	15 <u>Practice</u> JV 3:30-5p V 4:30-6p	16 <u>SMAC Tourney</u> TBA	17 <u>Practice</u> JV 3:30-5p V 4:30-6p	18 <u>Home v EGR</u> 5 / 6:45 <i>*Senior Night</i>	19 Car Wash / Can Drive @ PCEC 10a-2p JV & V
20 <u>Practice</u> V 1-2:30p	21 <u>SMAC Tourney</u> TBA	22 <u>Practice</u> JV 3:30-5p V 4:30-6p	23 <u>SMAC Tourney</u> TBA	24 <u>Practice</u> V 4:30-6p	25 <u>Practice</u> V TBA	26 OFF
27 OFF	28 <i>Memorial Day</i> 4:30-6p	29 <i>Districts TBA</i> <i>May 29th-June</i> <i>2nd</i>	30	31		



June 2012



Always stay in touch with your coaches regarding any changes to this advance schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<i>1</i>	<i>2</i>
<i>3</i>	<i>4</i>	<i>5</i> <i>Regionals</i> <i>5th-9th</i>	<i>6</i>	<i>7</i>	<i>8</i>	<i>9</i>
<i>10</i>	<i>11</i>	<i>12</i>	<i>13</i> <i>State Semifinals</i>	<i>14</i>	<i>15</i>	<i>16</i> <i>State Finals</i>
<i>17</i>	<i>18</i> Banquet @ Fetzer Center 6p	<i>19</i>	<i>20</i>	<i>21</i>	<i>22</i>	<i>23</i>
<i>24</i>	<i>25</i>	<i>26</i>	<i>27</i>	<i>28</i>	<i>29</i>	<i>30</i>